

twenty one.

it takes twenty one days to break an old habit
and twenty one days to form a new one.

Building the relationship you were born for.

These are fast times and it seems we are being forced to either move quicker and quicker or we simply become overwhelmed and exhausted. So it's no surprise that when it comes to our relationships we find ourselves with little or no time left to put into them. But the truth is that any relationship of value needs time and energy to grow and be healthy - our relationship with God is no different.

Question: **“What would your life be like if you deliberately set aside time each day to spend with God?”** Allow me to answer for you – Your life would change because as you draw near to God's heart He'll change your heart! Remember the old saying “You become the company you keep.” So here's the deal, you were created to experience and enjoy a real relationship with God, and if you're not – you're simply getting ripped off!

So if it's time for you to **slow down and get refocused** on your relationship with God, then this will be a great place to start.

Schedule twenty one meetings with God using the assigned Bible readings and prayer guide as the framework for these meetings.

Be sure to write down the things God says to you, (journal the journey) because He *will* speak to you if you're ready to listen.

Note: This isn't about a religious “quick fix” or a “fad diet”. It's about committing twenty one days to **strengthen the foundation** of your relationship with the Lord. This is a place to start; a place to springboard into a lifestyle of devotion. It's meant for **real, two-way communication and enjoyment = Relationship building.**

Get started by prayerfully considering when and where you plan to get alone with the Lord. Now, with great expectation, open your heart to the God of the universe as He enters into your life in a new and wild way!

days one through seven.

	date	time		
one.	/ /	:		
	gen 1:1-2:25	matt 1:1-2:12	psalm 1	proverbs 1:1-6
two.	/ /	:		
	gen 3:1-4:26	matt 2:13-3:12	psalm 2	proverbs 1:7-9
three.	/ /	:		
	gen 5:1-7:24	matt 3:13-4:11	psalm 3	proverbs 1:10-19
four.	/ /	:		
	gen 8:1-10:32	matt 4:12-25	psalm 4	proverbs 1:20-23
five.	/ /	:		
	gen 11:1-12:20	matt 5:1-26	psalm 5	proverbs 1:24-28
six.	/ /	:		
	gen 13:1-15:21	matt 5:27-48	psalm 6	proverbs 1:29-33
seven.	/ /	:		
	gen 16:1-18:19	matt 6:1-24	psalm 7	proverbs 2:1-5

day eight through fourteen.

eight.	date / / gen 18:20-19:38	time : matt 6:25-7:14	psalm 8	proverbs 2:6-15
nine.	/ / gen 20:1-22:24	: matt 7:15-29	psalm 9	proverbs 2:16-22
ten.	/ / gen 23:1-24:34	: matt 8:1-17	psalm 10	proverbs 3:1-6
eleven.	/ / gen 25:1-26:35	: matt 8:18-34	psalm 11	proverbs 3:7-8
twelve.	/ / gen 27:1-27:46	: matt 9:1-17	psalm 12	proverbs 3:9-10
thirteen.	/ / gen 28:1-29:35	: matt 9:18-38	psalm 13	proverbs 3:11-12
fourteen.	/ / gen 30:1-31:21	: matt 10:1-26	psalm 14	proverbs 3:13-15

day fifteen through twenty one.

fifteen. date time
 / / :
 gen 31:22-32:12 matt 10:27-11:6 psalm 15 proverbs 3:16-18

sixteen. / / :
 gen 32:13-34:31 matt 11:7-30 psalm 16 proverbs 3:19-20

seventeen. / / :
 gen 35:1-36:43 matt 12:1-21 psalm 17 proverbs 3:21-26

eighteen. / / :
 gen 37:1-38:30 matt 12:22-50 psalm 18 proverbs 3:27-32

nineteen. / / :
 gen 39:1-40:23 matt 13:1-23 psalm 19 proverbs 3:33-35

twenty. / / :
 gen 41:1-42:17 matt 13:24-46 psalm 20 proverbs 4:1-6

twenty one. / / :
 gen 42:18-43:34 matt 13:47-14:12 psalm 21 proverbs 4:7-10

daily prayer guide - praying the way Jesus taught - Matthew 6:9-13

“Our Father in Heaven, Holy is Your name”

-Begin with worshipping God, praising Him for who He is and what He's done and thanking Him for making us His children.

“Your Kingdom come, Your will be done on earth as it is in Heaven”

-Pray for God's purposes for:

-your life

-your family and friends

-your church (pastors, leaders, events)

-the world (body of Christ, spiritual and political leaders, city, state, nation, world, awakening, revival)

“Give us our daily bread”

-pray for needs: physical/emotional/spiritual

“Forgive us our debts, as we forgive our debtors”

-Receiving God's forgiveness for ourselves (confessing and getting clean)

-Releasing God's forgiveness to others

“Do not lead us into temptation but deliver us from the evil one”

-Take particular areas of temptation before the Lord, surrendering to God's strength and protection, as well as taking authority over the enemy, committing to resisting his attacks.

“Yours is the Kingdom, the power and the glory forever – Amen”

-Finish this prayer time the same way you started – with worship.

So...here you are, twenty one days later...what now?

Well, hopefully some old appetites have left and a new one has been formed – namely a hunger for more of God’s reality, love, and presence in your everyday life!

These past 3 weeks have been about nurturing a lifestyle of walking with Jesus, learning to hear His voice, and enjoying a rich and real relationship with Him.

So keep going, keep chasing Him, don’t stop!

Onward and upward...

If this resource has been a helpful tool for you,
please visit **www.deliberatepeople.com**.

Here you can either download the reading schedule for free, or purchase a deliberatePeople Journal which contains a one year reading schedule and journal pages.

The **twenty one** booklet is available from **www.deliberatepeople.com**. It’s a great resource to use at your church, youth group or small group.

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